

**POMP 5 SENIOR CENTERS PARTICIPANT SURVEY  
CORE QUESTIONS CODEBOOK  
June 30, 2004**

**CODERS: ONLY ENTER DATA FOR QUESTIONNAIRES THAT HAVE THE OFFICE USE ONLY BOX FILLED IN. CHECK BELOW FOR REQUIRED FIELDS.**

**ENTER A VALUE FOR ALL QUESTIONS UNLESS "BLANK IS VALID" IS NOTED, OTHERWISE CODE -9 FOR MISSING OR INVALID VALUES. CHECK THE SURVEY MARGIN FOR REMARKS. IF REFUSED (RF) CODE -7. IF DON'T KNOW (DK), CODE -8.**

**OFFICE USE ONLY BOX**

<b>Variable Name</b>	<b>Variable Description and Codes</b>
Agency	Name of agency (REQUIRED)  XXXXXXXXXXXXXXXXX(Maximum of 255 Characters)
State	State that the agency is in (REQUIRED)  XX (State abbreviation)
Center	Name of senior center (REQUIRED)  XXXXXXXXXXXXXXXXX(Maximum of 255 Characters)
ClientID	Unique client identifier (REQUIRED)  XXXXXXXXXXXXXXXXX(Maximum of 50 Characters)
Date	Date the interview was completed (REQUIRED)  ##/##/####
Method	Interview method of administration (REQUIRED)  A = Administered In-Person T = Telephone O = Other -9 = Missing
Comments	XXXXXXXXXXXXXXXXX(Maximum 65,000 Characters) BLANK IS VALID

## QUESTIONNAIRE

<b>PART I.</b>	<b>Attendance &amp; Participation</b>
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### Variable Name

### Question And Codes

HowLong

1. How long have you been coming to this senior center?

- 1 = Less than 1 year
- 2 = 1 year to 5 years
- 3 = More than 5 years, but Less than 10 years
- 4 = 10 years or more
- 7 = REFUSED
- 8 = DON'T KNOW
- 9 = MISSING OR INVALID

HowOften

2. In general, how often, in the past year, have you come to the senior center?

- 1 = Less than once per month
- 2 = 1 to 3 times a month
- 3 = 1 time per week
- 4 = 2 to 4 times a week
- 5 = 5 or more times a week
- 7 = REFUSED
- 8 = DON'T KNOW
- 9 = MISSING OR INVALID

HowManyHours

3. In general, on the days you go to a senior center, how many hours do you spend there?

- 1 = 2 hours or less
- 2 = More than 2 hours, but less than 4 hours
- 3 = 4 hours or more
- 7 = REFUSED
- 8 = DON'T KNOW
- 9 = MISSING OR INVALID

AsOften

4. I come to the senior center as often as I want to.

- 1 = Yes
- 2 = No
- 7 = REFUSED
- 8 = DON'T KNOW
- 9 = MISSING OR INVALID

<b>CODERS: IF AsOften = 1 GO TO NotAttend_Kids, ELSE GO TO Out_Volunteer</b>
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4a. If No, I do not attend this senior center as frequently as I would like because of . . .

NotAttend\_Kids Caring for children and youth (under 18 yrs.)

1 = Yes  
2 = No  
-7 = REFUSED  
-8 = DON'T KNOW  
-9 = MISSING OR INVALID  
BLANK IS VALID

NotAttend\_Spouse Caring for spouse or other adult

1 = Yes  
2 = No  
-7 = REFUSED  
-8 = DON'T KNOW  
-9 = MISSING OR INVALID  
BLANK IS VALID

NotAttend\_Trans Lack of transportation

1 = Yes  
2 = No  
-7 = REFUSED  
-8 = DON'T KNOW  
-9 = MISSING OR INVALID  
BLANK IS VALID

NotAttend\_Health Health Problems

1 = Yes  
2 = No  
-7 = REFUSED  
-8 = DON'T KNOW  
-9 = MISSING OR INVALID  
BLANK IS VALID

NotAttend\_Activities Other activities away from center (e.g., shopping days)

1 = Yes  
2 = No  
-7 = REFUSED  
-8 = DON'T KNOW  
-9 = MISSING OR INVALID  
BLANK IS VALID

NotAttend\_Volunteer Volunteering responsibilities

1 = Yes  
2 = No  
-7 = REFUSED  
-8 = DON'T KNOW  
-9 = MISSING OR INVALID  
BLANK IS VALID

NotAttend\_Job            Job responsibilities

1            = Yes  
 2            = No  
 -7          = REFUSED  
 -8          = DON'T KNOW  
 -9          = MISSING OR INVALID  
 BLANK IS VALID

NotAttend\_NotOpen      Senior Center is not open enough days or hours

1            = Yes  
 2            = No  
 -7          = REFUSED  
 -8          = DON'T KNOW  
 -9          = MISSING OR INVALID  
 BLANK IS VALID

NotAttend\_Other        Other

1            = Yes  
 2            = No  
 -7          = REFUSED  
 -8          = DON'T KNOW  
 -9          = MISSING OR INVALID  
 BLANK IS VALID

**CODERS: IF NotAttend\_Other = 1 GO TO NotAttend\_OtherSpecify, ELSE GO TO Out\_Volunteer**

NotAttend\_OtherSpecify Other Specify

XXXXXXXXXXXXX(Maximum 250 Characters)  
 -7          = REFUSED  
 -8          = DON'T KNOW  
 -9          = MISSING OR INVALID  
 BLANK IS VALID

**PART II. Outcomes**

Think about your life since you started attending the senior center. Below are some ways that senior centers might make a difference. Please circle a number for each statement to tell us to what extent the statement applies to you. Because I go to the Senior Center, I . . .

**Variable Name Question And Codes**

Out\_Volunteer        1. Do more volunteer work

1            = Most of the Time  
 2            = Sometimes  
 3            = Almost Never  
 -1          = Not applicable  
 -7          = REFUSED  
 -8          = DON'T KNOW  
 -9          = MISSING OR INVALID

Out\_Friends 2. See friends more often/make new friends

- 1 = Most of the Time
- 2 = Sometimes
- 3 = Almost Never
- 1 = Not applicable
- 7 = REFUSED
- 8 = DON'T KNOW
- 9 = MISSING OR INVALID

Out\_Health 3. Take better care of my health

- 1 = Most of the Time
- 2 = Sometimes
- 3 = Almost Never
- 1 = Not applicable
- 7 = REFUSED
- 8 = DON'T KNOW
- 9 = MISSING OR INVALID

Out\_Meals 4. Eat meals that are better for me

- 1 = Most of the Time
- 2 = Sometimes
- 3 = Almost Never
- 1 = Not applicable
- 7 = REFUSED
- 8 = DON'T KNOW
- 9 = MISSING OR INVALID

Out\_Energy 5. Have more energy

- 1 = Most of the Time
- 2 = Sometimes
- 3 = Almost Never
- 1 = Not applicable
- 7 = REFUSED
- 8 = DON'T KNOW
- 9 = MISSING OR INVALID

Out\_Happier 6. Feel happier or more satisfied with my life

- 1 = Most of the Time
- 2 = Sometimes
- 3 = Almost Never
- 1 = Not applicable
- 7 = REFUSED
- 8 = DON'T KNOW
- 9 = MISSING OR INVALID

Out_LookForward	7. Have something to look forward to each day
	1 = Most of the Time
	2 = Sometimes
	3 = Almost Never
	-1 = Not applicable
	-7 = REFUSED
	-8 = DON'T KNOW
	-9 = MISSING OR INVALID
Out_Ask	8. Know where to ask if I need a service such as a ride to the doctor or an aide
	1 = Most of the Time
	2 = Sometimes
	3 = Almost Never
	-1 = Not applicable
	-7 = REFUSED
	-8 = DON'T KNOW
	-9 = MISSING OR INVALID
Out_Independent	9. Feel more able to stay independent
	1 = Most of the Time
	2 = Sometimes
	3 = Almost Never
	-1 = Not applicable
	-7 = REFUSED
	-8 = DON'T KNOW
	-9 = MISSING OR INVALID
Out_Positive	10. Feel that the senior center has had a positive effect on my life
	1 = Most of the Time
	2 = Sometimes
	3 = Almost Never
	-1 = Not applicable
	-7 = REFUSED
	-8 = DON'T KNOW
	-9 = MISSING OR INVALID
Out_Learn	11. Learn new things
	1 = Most of the Time
	2 = Sometimes
	3 = Almost Never
	-1 = Not applicable
	-7 = REFUSED
	-8 = DON'T KNOW
	-9 = MISSING OR INVALID
Out_Services	12. Have learned about services and benefits
	1 = Most of the Time
	2 = Sometimes
	3 = Almost Never
	-1 = Not applicable

- 7 = REFUSED
- 8 = DON'T KNOW
- 9 = MISSING OR INVALID

Out\_Active 13. Am more physically active

- 1 = Most of the Time
- 2 = Sometimes
- 3 = Almost Never
- 1 = Not applicable
- 7 = REFUSED
- 8 = DON'T KNOW
- 9 = MISSING OR INVALID

Out\_Recommend 14. Would recommend the senior center to a friend or family member

- 1 = Most of the Time
- 2 = Sometimes
- 3 = Almost Never
- 1 = Not applicable
- 7 = REFUSED
- 8 = DON'T KNOW
- 9 = MISSING OR INVALID

Out\_Other 15. Other

- 1 = Most of the Time
- 2 = Sometimes
- 3 = Almost Never
- 1 = Not applicable
- 7 = REFUSED
- 8 = DON'T KNOW
- 9 = MISSING OR INVALID

**CODERS: IF Out\_Other = 1-3 GO TO Out\_OtherSpecify, ELSE GO TO ChangedLife**

Out\_OtherSpecify Other Specify

XXXXXXXXXXXXX(Maximum 250 Characters)  
 -7 = REFUSED  
 -8 = DON'T KNOW  
 -9 = MISSING OR INVALID  
 BLANK IS VALID

ChangedLife 16. Please tell us how participating in the senior center has changed your life.

XXXXXXXXXXXXX(Maximum 65,000 Characters)  
 -7 = REFUSED  
 -8 = DON'T KNOW  
 -9 = MISSING OR INVALID

**PART III. Demographics Section**

Reference the demographics codebook.