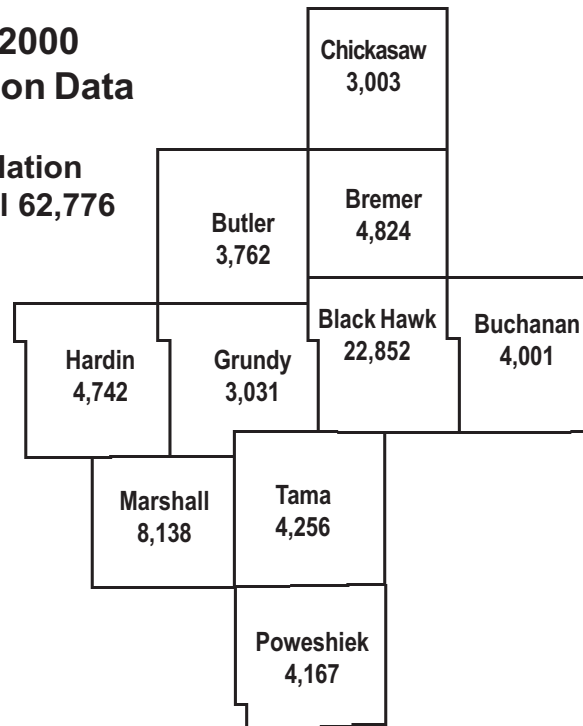


**Census 2000  
Population Data**

**60+ Population  
Area Total 62,776**



**Hawkeye Valley  
Area Agency on Aging**

**2101 Kimball Avenue, Suite 320  
Waterloo, IA 50702**

**319-272-2244**

**FAX: 319-272-2455**

**Toll Free: 1-800-779-8707**

**Senior Help Line: 1-877-538-0508**

**1-319-272-1767**

**E-mail: [hvaaa@hvaaa.org](mailto:hvaaa@hvaaa.org)**

**Visit our website at [www.hvaaa.org](http://www.hvaaa.org)**



# Annual Report

## Fiscal Year 2001

July 1, 2000 to June 30, 2001

*Our Vision is to create an  
environment where older persons  
can live a safe and independent  
life, with dignity, purpose and  
self determination.*

## Who Are We?

Hawkeye Valley Area Agency on Aging is one of thirteen area agencies on aging across Iowa and part of a nationwide network of agencies established and funded under the Older Americans Act.

HVAAA serves Black Hawk, Bremer, Buchanan, Butler, Chickasaw, Grundy, Hardin, Marshall, Poweshiek and Tama counties.

## Area Advisory Council

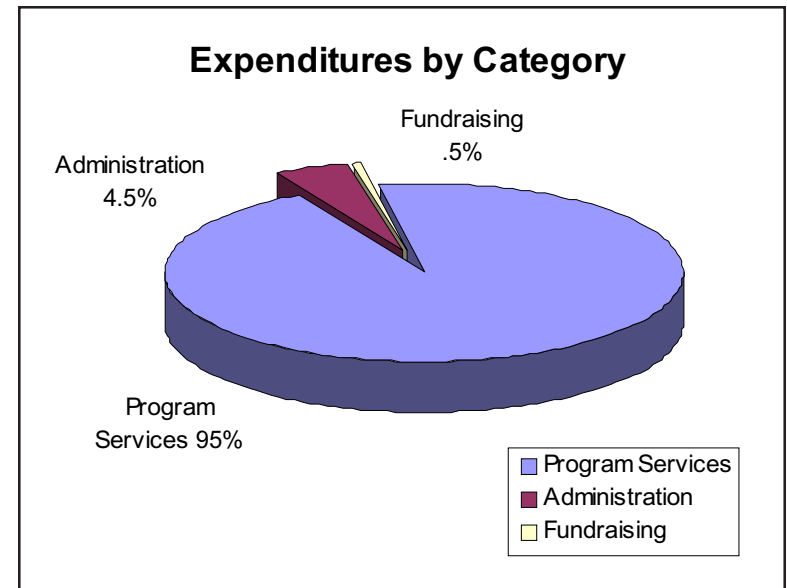
Esther Timm, Chair	Bonnie Kukral
Rachel Barnes	Ray Mc Bride
Alice Blair	Jerri Mc Cracken
Sheila Bohr	Ruth Miller
Venella Byrd	Esther Newcomer
Tom Conklin	Bernice Ohm
Penny Fox	Bea Payne
John Hawse	Brian Schoon
Carol Hemsath	Margaret Tarvin

## Board of Directors

John Hawse, Chair	Maurice Gaulke
Bea Payne, Vice Chair	Jay Hall
Joann Nixt, Secretary	Kathy Jordan
Leo Roof, Treasurer	Allie Kincaid
Linda Bevins	Ralph Kremer
Doris Casey	Gene Mc Bride
Belinda Creighton-Smith	Ed Osland
Karen Fread	Esther Timm
Adrian Freidhof	Calvin Wheelock

### Mission Statement:

Hawkeye Valley Area Agency on Aging coordinates services for persons who are aged 60 and over to allow them to remain in their own homes and to maintain the independence they desire utilizing available funds to serve the most persons possible.



## Expenditures

In FY 2001, Hawkeye Valley spent \$4,459,151 on services, fundraising and administration.

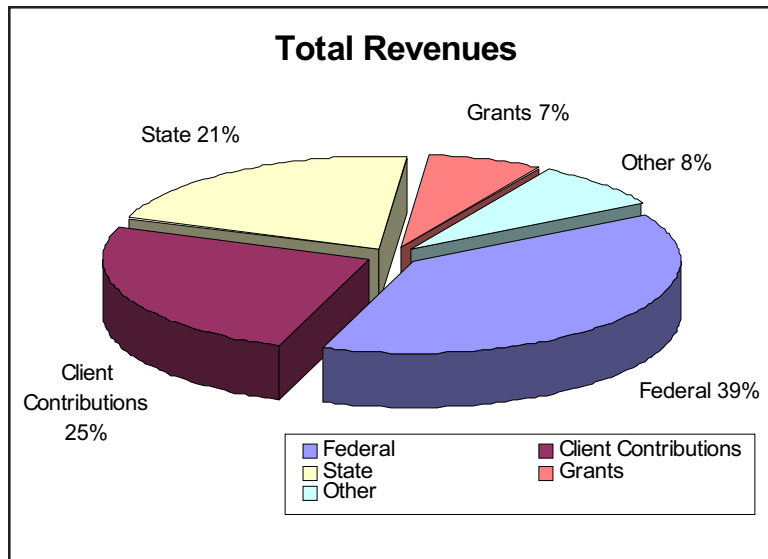
The agency is pleased to be able to hold their administrative costs to a minimum, allowing 95% of expenditures to go directly to programs and services for area seniors. Our administrative costs were 4.5% of total expenditures - less than half the cost allowed under the Older Americans Act.

Services are delivered directly by agency staff where other providers do not exist. To minimize duplication of effort, contractual agreements are made with existing providers when possible.

### Contracts for FY 2001

Restaurant Contracts	24
Other Contracts	80
Total	104

Further information is available at HVAAA offices in Waterloo.



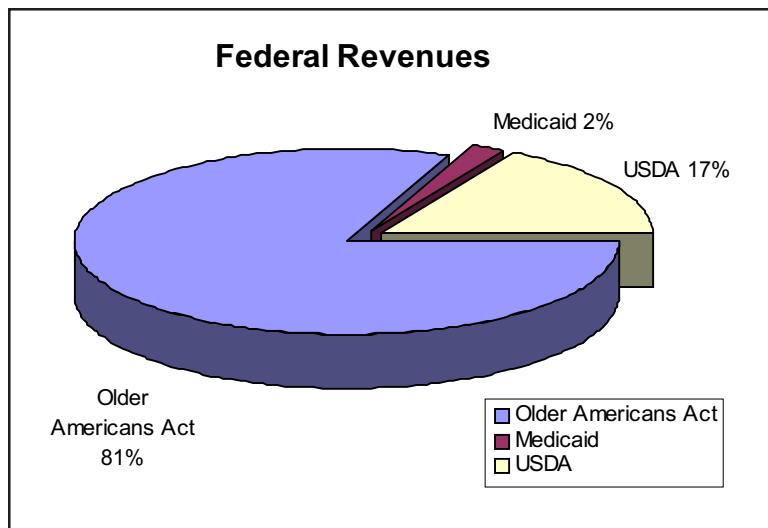
#### Revenue Sources:

Federal - See chart below

State: Iowa Department of Elder Affairs

Client Contributions: Contributions by users of all services

Other: Bingo receipts, other contributions, in-kind and interest.



## What Do We Do?

- **Assess Need**

We maintain a network of advisors - older persons and advocates.

- **Coordinate, deliver and fund services**

We provide leadership, technical assistance and input to community organizations dealing with senior housing issues and options, health services coordination, community planning, Alzheimer's disease and many other senior concerns.

We fund or provide key access services for seniors – transportation, information and assistance and outreach. We fund or provide programs to protect or improve individual well-being – care management, meal programs, personal care services and support, respite, day care, health promotion, education, material aid, home repair, senior centers and more.

- **Advocate for the well-being of older persons – today and into the future**

We advocate for a better way of life for older lowans by funding or providing programs to protect the rights of the individual - legal services, advocacy, consumer protection, dependent adult abuse training and Resident Advocate Committees at area nursing homes.

We involve older persons in the legislative process, program development and advocating for the services they need.

**Special competitive grants were obtained allowing us to bring new resources and protections to seniors.**

- Assisted Living Monitoring
- Operation Restore Trust of Iowa
- Older Bosnian Refugee Outreach
- HUD HOPE and Congregate Housing Support Programs
- Statewide Case Management Improvement Process
- Performance Outcome Measurement Project
- Medicare Empowerment and Collaboration Initiative

## FY2001 Program Highlights

Hawkeye Valley provides many services to many older persons and their families throughout the year. Below we are sharing the impact some of our services have on older persons. This is not reflective of the importance of these services compared to other services provided but is information we have gathered through surveys throughout this past year.

Donna Harvey, Executive Director

### Home Delivered Meals

- ◆ 89% feel that they eat more nutritious meals because of the home delivered meal program than they would otherwise.
- ◆ Up to 14% of home delivered meal recipients would be unable to live independently in their own home without home delivered meals.

### Senior Centers

- ◆ 66% of senior center participants say they eat more nutritiously because of the meal program at the Senior Center.
- ◆ 71% also report that the senior center is their main place for socializing.

### Transportation

- ◆ 27% of seniors who use our transportation service depend solely on Hawkeye Valley for transportation.
- ◆ 84% of seniors who use the transportation service say they get to the doctor more often than they used to.

### Senior HelpLine

- ◆ 76% of caregivers said that the Senior Help Line helps them fulfill their caregiver role.

### Operation Restore Trust of Iowa

- ◆ 95% of Seniors educated last year through ORT are now reading their Medicare Summary Notices to detect billing errors.

### Case Management

- ◆ 91% of seniors in the Case Management program said the program definitely helped them remain in their own home.

*Collected through the Performance Outcome Measurement Grant and other quality assurance efforts.*

### **Congregate Meals** **205,510 Meals**

Meals in a senior center, nutrition site or other congregate setting.

### **Home Delivered Meals** **308,671 Meals**

Meals delivered to the participant's place of residence.

### **Information and Assistance** **54,347 Contacts**

Provision of information on services, assessing problems and linking the individual to services.

### **Case Management** **1,135 clients**

Care coordination by assessing need, developing care plans, arranging services and providing follow up and reassessment.

### **Transportation** **27,843 Trips**

Transportation for an individual needing help going from one location to another.

### **Legal Assistance** **364 Hours**

Legal Advice, counseling or representation by an attorney.

### **Outreach** **7,238 Contacts**

Contact by the agency to identify potential clients and encourage use of services.

### **Personal Support** **20,408 Hours**

Homemaker, personal care or chore service provided at the individual's home.

### **Adult Day Care** **40,118 Hours**

Personal care for adults in a group setting.

### **Respite** **1,804 Hours**

Temporary support for dependent adults to allow rest and relief for caregivers.

### **Advocacy** **480 Hours**

Non attorney representation to secure an individual's rights and benefits.

### **Other Services**

Telephone Reassurance, Home Repair, Consumer Protection, Health Promotion, Material Aid, Counseling, Recreation