

EMOTIONAL WELL-BEING

**EWSAD - During the past 30 days, about how many days have you felt
sad, blue, or depressed?**

Days	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	Number of days	468	55,201	43.06	3.537
1	Number of days	43	5,153	4.02	1.336
2	Number of days	70	6,635	5.18	1.576
3	Number of days	55	5,868	4.58	1.442
4	Number of days	44	4,658	3.63	0.931
5	Number of days	46	5,966	4.65	1.353
6	Number of days	14	1,716	1.34	0.652
7	Number of days	19	2,914	2.27	1.088
8	Number of days	10	511	0.4	0.305
9	Number of days	1	2	0	0.002
10	Number of days	52	4,605	3.59	1.097
12	Number of days	5	2,674	2.09	1.167
14	Number of days	14	1,906	1.49	0.811
15	Number of days	71	10,442	8.15	1.465
16	Number of days	2	177	0.14	0.162
20	Number of days	38	3,948	3.08	0.886
21	Number of days	2	414	0.32	0.273
25	Number of days	14	1,574	1.23	0.617
26	Number of days	3	107	0.08	0.083
27	Number of days	1	2	0	0.003
28	Number of days	4	273	0.21	0.183
29	Number of days	1	1	0	0.001
30	Number of days	97	13,429	10.48	1.888
	Subtotal Valid Responses	1074	128,192	100	
	Don't Know	176	25,098		
	Refused	5	583		
	Total	1255	153,873		

*If the unweighted count for a response item is less than 5 or the subtotal is less than 20, the sample size is insufficient for valid percentage estimates. In some cases, these small counts may be summed as new categories to avoid this limitation.

EW TENSE - During the past 30 days, about how many days have you felt worried, tense, or anxious?					
Days	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	Number of days	483	62,201	46.39	3.047
1	Number of days	25	2,393	1.79	0.752
2	Number of days	72	6,013	4.49	1.111
3	Number of days	57	5,872	4.38	1.244
4	Number of days	45	5,436	4.06	1.211
5	Number of days	41	7,017	5.23	1.546
6	Number of days	13	501	0.37	0.207
7	Number of days	24	2,979	2.22	1.02
8	Number of days	6	88	0.07	0.055
9	Number of days	2	215	0.16	0.208
10	Number of days	65	7,931	5.92	1.326
11	Number of days	1	2	0	0.002
12	Number of days	5	1,622	1.21	0.929
14	Number of days	12	1,661	1.24	0.747
15	Number of days	64	9,575	7.14	1.21
16	Number of days	1	0	0	0.001
20	Number of days	31	4,119	3.07	0.943
21	Number of days	1	335	0.25	0.255
24	Number of days	1	99	0.07	0.081
25	Number of days	15	1,514	1.13	0.7
26	Number of days	1	100	0.08	0.079
27	Number of days	1	205	0.15	0.167
28	Number of days	2	12	0.01	0.007
29	Number of days	2	9	0.01	0.005
30	Number of days	107	14,163	10.56	2.088
	Subtotal Valid Responses	1077	134,078	100	
	Don't Know	172	18,669		
	Refused	6	1,126		
	Total	1255	153,873		

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EWSLEEP - During the past 30 days, about how many days have you felt you did not get enough rest or sleep?					
Days	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	Number of days	623	72,789	52.99	4.955
1	Number of days	20	2,462	1.79	0.889
2	Number of days	36	5,726	4.17	1.828
3	Number of days	37	4,014	2.92	0.88
4	Number of days	23	3,262	2.37	1.372
5	Number of days	51	5,538	4.03	1.169
6	Number of days	12	1,931	1.41	0.665
7	Number of days	18	3,152	2.3	1.35
8	Number of days	6	463	0.34	0.357
9	Number of days	2	511	0.37	0.277
10	Number of days	55	8,064	5.87	2.224
11	Number of days	1	2	0	0.002
12	Number of days	7	1,026	0.75	0.562
14	Number of days	4	74	0.05	0.046
15	Number of days	64	7,956	5.79	1.874
16	Number of days	1	0	0	0.001
18	Number of days	2	15	0.01	0.009
20	Number of days	40	5,800	4.22	1.32
21	Number of days	2	20	0.02	0.012
23	Number of days	1	54	0.04	0.055
24	Number of days	1	99	0.07	0.079
25	Number of days	17	1,068	0.78	0.37
27	Number of days	1	0	0	0.001
28	Number of days	6	475	0.35	0.267
29	Number of days	2	417	0.3	0.198
30	Number of days	106	12,442	9.06	1.7
	Subtotal Valid Responses	1138	137,375	100	
	Don't Know	116	16,196		
	Refused	1	300		
	Total	1255	153,873		

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**EWENERGY - During the past 30 days, about how many days have you felt
very healthy and full of energy?**

Days	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	Number of days	495	60,744	45.45	3.598
1	Number of days	22	2,013	1.51	0.915
2	Number of days	35	4,705	3.52	1.189
3	Number of days	39	4,694	3.51	0.971
4	Number of days	23	2,326	1.74	0.7
5	Number of days	45	6,567	4.91	1.457
6	Number of days	16	2,580	1.93	0.772
7	Number of days	14	2,864	2.14	0.87
8	Number of days	14	1,332	1	0.446
10	Number of days	57	9,442	7.06	1.5
12	Number of days	11	1,015	0.76	0.579
14	Number of days	10	2,308	1.73	0.979
15	Number of days	78	10,859	8.12	1.614
17	Number of days	1	2	0	0.002
18	Number of days	1	16	0.01	0.013
19	Number of days	1	2	0	0.002
20	Number of days	46	3,752	2.81	1.066
21	Number of days	1	542	0.41	0.307
22	Number of days	1	120	0.09	0.097
24	Number of days	1	68	0.05	0.048
25	Number of days	48	4,723	3.53	1.246
26	Number of days	3	228	0.17	0.16
27	Number of days	3	14	0.01	0.009
28	Number of days	16	1,748	1.31	0.627
29	Number of days	8	1,014	0.76	0.653
30	Number of days	96	9,974	7.46	1.956
	Subtotal Valid Responses	1085	133,664	100	
	Don't Know	163	19,565		
	Refused	7	643		
	Total	1255	153,873		

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EWEWB - In general, how would you describe your mental health or emotional well-being?					
Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	Excellent	168	24,210	16.01	2.177
2	Very good	366	43,061	28.48	2.356
3	Good	428	45,251	29.93	2.669
4	Fair	197	26,321	17.41	2.811
5	Poor	78	12,367	8.18	1.415
	Subtotal Valid Responses	1237	151,213	100	
	Don't Know	17	2,656		
	Refused	1	2		
	Total	1255	153,873		

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