

SELF-REPORTED OUTCOMES AS A RESULT OF PROGRAM PARTICIPATION

HMBALANC - As a result of participating, do you eat more balanced meals?					
Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	YES, DEFINITELY	456	364,120	39.18	2.408
2	YES, I THINK SO	520	441,411	47.5	3.062
3	I'M NOT SURE	76	70,853	7.62	1.312
4	NO, I DON'T THINK SO	51	34,741	3.74	0.722
5	NO, DEFINITELY NOT	20	18,211	1.96	0.696
	Subtotal Valid Responses	1123	929,339	100	
	DK	46	52,050		
	REFUSED	5	1,571		
	INAPPLICABLE	9	2,798		
	Total	1183	985,760		
HMSPECDT - As a result of participating, is it easier to keep a special diet?					
Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	YES, DEFINITELY	319	288,512	39.96	2.897
2	YES, I THINK SO	352	291,604	40.39	2.67
3	I'M NOT SURE	104	82,895	11.48	1.556
4	NO, I DON'T THINK SO	45	45,760	6.34	1.597
5	NO, DEFINITELY NOT	17	13,246	1.83	0.807
	Subtotal Valid Responses	837	722,020	100	
	DK	27	20,302		
	REFUSED	2	5,080		
	INAPPLICABLE	317	238,357		
	Total	1183	985,760		
HMSLTFAT - As a result of participating, are you better able to avoid sodium or fat?					
Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	YES, DEFINITELY	459	403,068	45.68	3.317
2	YES, I THINK SO	423	347,248	39.36	3.669
3	I'M NOT SURE	105	90,515	10.26	1.34
4	NO, I DON'T THINK SO	48	31,839	3.61	0.831
5	NO, DEFINITELY NOT	20	9,632	1.09	0.467
	Subtotal Valid Responses	1055	882,304	100	
	DK	61	52,078		
	REFUSED	4	2,440		
	INAPPLICABLE	63	48,936		
	Total	1183	985,760		

*If the unweighted count for a response item is less than 5 or the subtotal is less than 20, the sample size is insufficient for valid percentage estimates. In some cases, these small counts may be summed as new categories to avoid this limitation.

HMWEIGHT - As a result of participating, can you maintain your weight?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	YES, DEFINITELY	525	447,773	49.36	2.924
2	YES, I THINK SO	403	326,070	35.94	2.318
3	I'M NOT SURE	72	74,381	8.2	1.66
4	NO, I DON'T THINK SO	51	31,560	3.48	0.859
5	NO, DEFINITELY NOT	31	27,399	3.02	0.906
	Subtotal Valid Responses	1082	907,186	100	
	DK	59	50,044		
	REFUSED	5	2,107		
	INAPPLICABLE	37	26,421		
	Total	1183	985,760		

HMFORWRD - As a result of participating, do you have something to look forward to?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	YES, DEFINITELY	699	593,250	63.02	2.758
2	YES, I THINK SO	337	246,946	26.23	2.388
3	I'M NOT SURE	38	32,180	3.42	0.959
4	NO, I DON'T THINK SO	47	49,828	5.29	1.089
5	NO, DEFINITELY NOT	17	19,148	2.03	0.798
	Subtotal Valid Responses	1138	941,355	100	
	DK	34	31,180		
	REFUSED	4	1,014		
	INAPPLICABLE	7	12,209		
	Total	1183	985,760		

HMSTAYHM - Can you continue to live in your own home because you participate?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	YES, DEFINITELY	826	673,522	75.44	2.615
2	YES, I THINK SO	213	182,266	20.42	2.199
3	I'M NOT SURE	20	11,408	1.28	0.483
4	NO, I DON'T THINK SO	14	16,311	1.83	0.848
5	NO, DEFINITELY NOT	13	9,267	1.04	0.538
	Subtotal Valid Responses	1086	892,777	100	
	DK	28	33,819		
	REFUSED	6	6,408		
	INAPPLICABLE	63	52,754		
	Total	1183	985,760		

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HMRECMND - Would you recommend this program to friends, neighbors, and relatives?					
Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	YES, DEFINITELY	873	735,230	76.41	2.574
2	YES, I THINK SO	238	192,216	19.98	2.431
3	I'M NOT SURE	14	16,201	1.68	0.728
4	NO, I DON'T THINK SO	19	15,960	1.66	0.618
5	NO, DEFINITELY NOT	10	2,549	0.26	0.154
	Subtotal Valid Responses	1154	962,156	100	
	DK	19	9,669		
	REFUSED	3	4,976		
	INAPPLICABLE	7	8,956		
	Total	1183	985,760		

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