

EMOTIONAL WELL-BEING

**EWSAD - During the past 30 days, about how many days have you felt
sad, blue, or depressed?**

Days	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	Number of days	484	385,431	46.81	3.144
1	Number of days	36	34,725	4.22	1.361
2	Number of days	92	46,264	5.62	1.237
3	Number of days	65	57,001	6.92	1.636
4	Number of days	36	24,707	3	0.956
5	Number of days	53	49,686	6.03	1.324
6	Number of days	11	11,629	1.41	0.652
7	Number of days	15	11,100	1.35	0.57
8	Number of days	6	7,217	0.88	0.491
9	Number of days	2	104	0.01	0.009
10	Number of days	42	28,468	3.46	0.816
12	Number of days	6	8,966	1.09	0.523
14	Number of days	4	2,415	0.29	0.173
15	Number of days	49	33,871	4.11	0.703
16	Number of days	1	1,087	0.13	0.146
17	Number of days	1	406	0.05	0.05
20	Number of days	24	24,268	2.95	1
22	Number of days	1	748	0.09	0.095
25	Number of days	6	1,955	0.24	0.148
29	Number of days	3	1,877	0.23	0.144
30	Number of days	93	91,536	11.12	1.805
	Subtotal Valid Responses	1030	823,472	100	
	Don't Know	141	148,675		
	Refused	12	13,612		
	Total	1183	985,760		

*If the unweighted count for a response item is less than 5 or the subtotal is less than 20, the sample size is insufficient for valid percentage estimates. In some cases, these small counts may be summed as new categories to avoid this limitation.

EWTTENSE - During the past 30 days, about how many days have you felt worried, tense, or anxious?					
Days	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	Number of days	496	375,149	44.17	3.387
1	Number of days	31	35,931	4.23	1.214
2	Number of days	76	60,833	7.16	1.594
3	Number of days	60	39,762	4.68	0.918
4	Number of days	30	43,239	5.09	1.493
5	Number of days	49	41,862	4.93	1.103
6	Number of days	15	9,846	1.16	0.428
7	Number of days	13	10,598	1.25	0.566
8	Number of days	7	11,911	1.4	0.774
10	Number of days	51	32,781	3.86	1.2
12	Number of days	6	10,656	1.25	0.607
13	Number of days	1	4,633	0.55	0.606
14	Number of days	7	2,161	0.25	0.137
15	Number of days	47	46,639	5.49	1.175
16	Number of days	1	1,087	0.13	0.143
20	Number of days	20	18,902	2.23	0.77
22	Number of days	1	1,513	0.18	0.179
25	Number of days	10	7,896	0.93	0.493
29	Number of days	1	402	0.05	0.047
30	Number of days	121	93,579	11.02	1.821
	Subtotal Valid Responses	1043	849,393	100	
	Don't Know	132	128,629		
	Refused	8	7,737		
	Total	1183	985,760		

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**EWSLEEP - During the past 30 days, about how many days have you felt
you did not get enough rest or sleep?**

Days	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	Number of days	647	513,064	56.07	2.022
1	Number of days	27	33,498	3.66	1.122
2	Number of days	44	20,658	2.26	0.549
3	Number of days	37	24,960	2.73	0.773
4	Number of days	23	12,992	1.42	0.519
5	Number of days	31	21,769	2.38	0.813
6	Number of days	24	30,715	3.36	1.033
7	Number of days	11	6,383	0.7	0.431
8	Number of days	12	17,242	1.88	0.715
9	Number of days	1	52	0.01	0.006
10	Number of days	45	39,995	4.37	1.466
12	Number of days	4	2,477	0.27	0.168
14	Number of days	2	3,008	0.33	0.245
15	Number of days	53	43,497	4.75	1.011
20	Number of days	21	14,354	1.57	0.509
25	Number of days	13	10,815	1.18	0.414
28	Number of days	4	2,394	0.26	0.166
30	Number of days	113	117,235	12.81	1.8
	Subtotal Valid Responses	1112	915,118	100	
	Don't Know	68	68,491		
	Refused	3	2,149		
	Total	1183	985,760		

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EWENERGY - During the past 30 days, about how many days have you felt very healthy and full of energy?					
Days	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	Number of days	386	358,750	41.68	3.07
1	Number of days	13	5,853	0.68	0.329
2	Number of days	41	14,591	1.7	0.511
3	Number of days	27	22,819	2.65	0.971
4	Number of days	17	5,636	0.65	0.373
5	Number of days	42	28,639	3.33	0.808
6	Number of days	16	10,411	1.21	0.583
7	Number of days	15	20,866	2.42	0.733
8	Number of days	7	13,927	1.62	0.842
9	Number of days	2	1,885	0.22	0.151
10	Number of days	56	48,965	5.69	1.229
12	Number of days	9	6,900	0.8	0.46
13	Number of days	1	1,108	0.13	0.13
14	Number of days	8	2,570	0.3	0.198
15	Number of days	79	72,698	8.45	1.599
16	Number of days	2	7,453	0.87	0.556
17	Number of days	1	117	0.01	0.014
18	Number of days	2	763	0.09	0.084
20	Number of days	51	43,077	5	1.216
23	Number of days	4	4,837	0.56	0.446
24	Number of days	1	2,408	0.28	0.282
25	Number of days	37	28,381	3.3	0.91
26	Number of days	1	4,366	0.51	0.383
27	Number of days	2	1,241	0.14	0.13
28	Number of days	16	9,061	1.05	0.494
29	Number of days	5	1,469	0.17	0.144
30	Number of days	184	141,938	16.49	2.343
	Subtotal Valid Responses	1025	860,744	100	
	Don't Know	151	120,424		
	Refused	7	4,590		
	Total	1183	985,760		

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EWEWB - In general, how would you describe your mental health or emotional well-being?					
Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	Excellent	201	158,816	16.3	2.251
2	Very good	360	281,765	28.92	2.351
3	Good	355	299,216	30.71	2.579
4	Fair	182	169,238	17.37	1.729
5	Poor	74	65,161	6.69	1.244
	Subtotal Valid Responses	1172	974,197	100	
	Don't Know	11	11,562		
	Total	1183	985,760		

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