

DAILY DIETARY INTAKE

HMMEALS - Including the home-delivered meal and any other food you eat, about how many meals do you eat every day?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	1 meal	75	58,419	6.09	1.026
2	2 meals	361	296,076	30.87	2.802
3	3 meals	694	561,492	58.54	2.628
4	More than 3 meals	35	43,172	4.5	1.032
	Subtotal Valid Responses	1165	959,160	100	
	Don't Know	16	24,856		
	Refused	2	1,743		
	Total	1183	985,760		

HMMEALSA - How many of these meals are from the meal program?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	1 meal	1044	812,815	87.13	2.312
2	2 meals	74	99,539	10.67	2.24
3	3 meals	17	19,692	2.11	0.722
4	More than 3 meals	2	781	0.08	0.078
	Subtotal Valid Responses	1137	932,829	100	
	Don't Know	45	52,878		
	Refused	1	52		
	Total	1183	985,760		

HMFRUIT - How many servings of fruit do you usually eat every day?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	0 servings	27	28,464	2.94	0.95
1	1 serving	409	366,579	37.84	2.268
2	2 servings	352	262,679	27.12	2.726
3	3 or more servings	244	215,318	22.23	2.382
4	Less than daily (e.g. once per week)	125	95,715	9.88	1.427
	Subtotal Valid Responses	1157	968,757	100	
	Don't Know	26	17,002		
	Total	1183	985,760		

HMEATFRT - When you eat the home-delivered meal, do you usually eat the fruit that is provided?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	Yes	1125	938,504	97.22	0.76
2	No	36	26,797	2.78	0.76
	Subtotal Valid Responses	1161	965,303	100	
	Don't Know	20	20,326		
	Refused	2	130		
	Total	1183	985,760		

*If the unweighted count for a response item is less than 5 or the subtotal is less than 20, the sample size is insufficient for valid percentage estimates. In some cases, these small counts may be summed as new categories to avoid this limitation.

HMVEGS - How many servings of vegetables do you usually eat every day?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	0 servings	6	3,951	0.4	0.23
1	1 serving	435	329,968	33.69	2.189
2	2 servings	470	421,795	43.06	2.541
3	3 or more servings	201	179,319	18.31	2.052
4	Less than daily (e.g. once per week)	50	44,504	4.54	1.245
	Subtotal Valid Responses	1162	979,540	100	
	Don't Know	20	5,959		
	Refused	1	260		
	Total	1183	985,760		

HMEATVEG - When you eat the home-delivered meal, do you usually eat the vegetables that are provided?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	Yes	1109	927,019	96.02	0.934
2	No	52	38,378	3.98	0.934
	Subtotal Valid Responses	1161	965,398	100	
	Don't Know	22	20,361		
	Total	1183	985,760		

HMBREAD - How many servings of bread, rice, pasta, noodles, and tortillas do you usually eat every day?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	None	28	18,283	1.9	0.827
1	1 - 2 servings	772	644,703	67.08	2.581
2	3 - 5 servings	226	193,363	20.12	1.863
3	6 or more servings	27	43,757	4.55	1.474
4	Less than daily (e.g. once per week)	90	61,047	6.35	0.931
	Subtotal Valid Responses	1143	961,155	100	
	Don't Know	38	21,859		
	Refused	2	2,744		
	Total	1183	985,760		

HMEATBRD - When you eat the home-delivered meal, do you usually eat the bread, rice, pasta, noodles, or tortillas that are provided?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	Yes	1042	869,227	90.84	1.784
2	No	112	87,677	9.16	1.784
	Subtotal Valid Responses	1154	956,905	100	
	Don't Know	29	28,854		
	Total	1183	985,760		

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HMDAIRY - How many servings of milk, cheese, yogurt, and calcium rich soy products do you usually eat every day?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	0 servings	39	35,834	3.69	0.918
1	1 serving	450	382,203	39.34	2.444
2	2 servings	360	307,191	31.62	2.338
3	3 or more servings	240	189,159	19.47	2.469
4	Less than daily (e.g. once per week)	73	57,134	5.88	1.278
	Subtotal Valid Responses	1162	971,522	100	
	Don't Know	19	13,677		
	Refused	2	560		
	Total	1183	985,760		

HMEATDAR - When you eat the home-delivered meal, do you usually eat the milk, cheese, yogurt, or calcium-rich soy products that are provided?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	Yes	1064	909,621	93.59	1.027
2	No	96	62,299	6.41	1.027
	Subtotal Valid Responses	1160	971,921	100	
	Don't Know	23	13,838		
	Total	1183	985,760		

HMMEAT - How many servings of meat, chicken, fish, and eggs do you usually eat every day?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	0 servings	7	12,578	1.31	0.842
1	1 serving	557	486,749	50.58	2.595
2	2 servings	394	297,398	30.9	2.129
3	3 or more servings	110	86,502	8.99	1.512
4	Less than daily (e.g. once per week)	78	79,176	8.23	1.691
	Subtotal Valid Responses	1146	962,404	100	
	Don't Know	35	21,580		
	Refused	2	1,775		
	Total	1183	985,760		

HMEATMET - When you eat the home-delivered meal, do you usually eat the meat, chicken, fish, or eggs that are provided?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	Yes	1132	937,969	96.58	0.941
2	No	35	33,215	3.42	0.941
	Subtotal Valid Responses	1167	971,185	100	
	Don't Know	15	12,872		
	Refused	1	1,702		
	Total	1183	985,760		

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HMBEANS - How many servings of nuts, soy products, and beans such as baked beans, pintos, kidney beans, lima beans, soybeans, or black-eyed peas do you usually eat every day?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	0 servings	117	119,951	12.55	2.079
1	1 serving	431	358,537	37.5	1.997
2	2 servings	83	66,723	6.98	1.524
3	3 or more servings	18	16,184	1.69	0.609
4	Less than daily (e.g. once per week)	490	394,685	41.28	3.168
	Subtotal Valid Responses	1139	956,081	100	
	Don't Know	44	29,678		
	Total	1183	985,760		

HMEATBNS - When you eat the home-delivered meal, do you usually eat the nuts, soy products, or beans if they are provided?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	Yes	1030	851,086	88.56	1.813
2	No	120	109,920	11.44	1.813
	Subtotal Valid Responses	1150	961,007	100	
	Don't Know	33	24,752		
	Total	1183	985,760		

HMPORTN - On days you eat a home-delivered meal, what portion of all the foods you eat in a day does this meal represent?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	1/3 or less	368	304,818	33.69	2.616
2	1/2 to 2/3	539	396,322	43.8	2.632
3	More than 2/3	183	203,531	22.49	1.812
91	Other	1	117	0.01	0.013
	Subtotal Valid Responses	1091	904,790	100	
	Don't Know	88	76,905		
	Refused	4	4,064		
	Total	1183	985,760		

HMRECEIV - Do you receive hot meals, frozen meals/liquid nutrition, or both?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	Hot meals only	768	640,381	66.36	2.803
2	Frozen meals or liquid nutrition only	150	146,743	15.21	2.698
3	Both hot meals and frozen meals/liquid	248	177,842	18.43	2.028
	Subtotal Valid Responses	1166	964,967	100	
	Don't Know	17	20,792		
	Total	1183	985,760		

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