

DAILY DIETARY INTAKE

CMMEALS - Including the congregate meal and any other food you eat, about how many meals do you eat every day?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	1 meal	26	62,504	3.41	0.89
2	2 meals	125	331,898	18.09	2.22
3	3 meals	388	1,346,784	73.41	2.34
4	More than 3 meals	25	93,328	5.09	1.33
	Subtotal Valid Responses	564	1,834,515	100	
	Don't Know	5	26,948		
	Total	569	1,861,464		

CMMEALSA - How many of meals per day are from the meal program?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	1 meal	474	1,523,889	94.63	1.415
2	2 meals	19	63,694	3.96	1.384
3	3 meals	5	12,730	0.79	0.464
4	More than 3 meals	2	10,054	0.62	0.433
	Subtotal Valid Responses	500	1,610,369	100	
	Don't Know	65	243,270		
	Refused	4	7,825		
	Total	569	1,861,464		

CMFRUIT - How many servings of fruit do you usually eat every day?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	0 servings	12	37,011	2.07	0.699
1	1 serving	193	620,106	34.66	3.942
2	2 servings	167	488,200	27.29	2.461
3	3 or more servings	141	546,953	30.57	3.445
4	Less than daily (e.g. once per week)	41	96,771	5.41	1.056
	Subtotal Valid Responses	554	1,789,042	100	
	Don't Know	15	72,421		
	Total	569	1,861,464		

CMEATFRT - When you eat at the congregate meal site, do you usually eat the fruit that is served?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	Yes	539	1,783,718	97.53	0.691
2	No	21	45,190	2.47	0.691
	Subtotal Valid Responses	560	1,828,909	100	
	Don't Know	9	32,554		
	Total	569	1,861,464		

*If the unweighted count for a response item is less than 5 or the subtotal is less than 20, the sample size is insufficient for valid percentage estimates. In some cases, these small counts may be summed as new categories to avoid this limitation.

CMVEGS - How many servings of vegetables do you usually eat every day?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	0 servings	4	13,931	0.76	0.457
1	1 serving	149	565,192	31.01	2.794
2	2 servings	226	689,156	37.81	2.11
3	3 or more servings	160	494,840	27.15	2.534
4	Less than daily (e.g. once per week)	23	59,707	3.28	1.174
	Subtotal Valid Responses	562	1,822,829	100	
	Don't Know	5	35,681		
	Refused	2	2,953		
	Total	569	1,861,464		

CMEATVEG - When you eat the the congregate meal site, do you usually eat the vegetables that are served?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	Yes	528	1,771,134	96.75	0.848
2	No	28	59,438	3.25	0.848
	Subtotal Valid Responses	556	1,830,573	100	
	Don't Know	13	30,890		
	Total	569	1,861,464		

CMBREAD - How many servings of bread, rice, pasta, noodles, and tortillas do you usually eat every day?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	None	8	33,290	1.82	0.878
1	1 - 2 servings	351	1,145,401	62.46	3.064
2	3 - 5 servings	131	445,405	24.29	2.449
3	6 or more servings	15	51,204	2.79	1.286
4	Less than daily (e.g. once per week)	56	158,632	8.65	1.635
	Subtotal Valid Responses	561	1,833,935	100	
	Don't Know	7	27,088		
	Refused	1	440		
	Total	569	1,861,464		

CMEATBRD - When you eat at the congregate meal site, do you usually eat the bread, rice, pasta, noodles, or tortillas that are served?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	Yes	503	1,681,073	91.7	1.757
2	No	52	152,122	8.3	1.757
	Subtotal Valid Responses	555	1,833,195	100	
	Don't Know	13	26,611		
	Refused	1	1,656		
	Total	569	1,861,464		

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CMDAIRY - How many servings of milk, cheese, yogurt, and calcium rich soy products do you usually eat every day?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	0 servings	29	82,050	4.49	1.154
1	1 serving	195	599,292	32.8	3.488
2	2 servings	183	662,174	36.24	2.725
3	3 or more servings	118	412,224	22.56	3.067
4	Less than daily (e.g. once per week)	34	71,510	3.91	1.075
	Subtotal Valid Responses	559	1,827,252	100	
	Don't Know	10	34,211		
	Total	569	1,861,464		

CMEATDAR - When you eat at the congregate meal site, do you usually eat or drink the milk, cheese, yogurt, or calcium rich soy products that are served?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	Yes	467	1,594,774	86.52	1.692
2	No	92	248,477	13.48	1.692
	Subtotal Valid Responses	559	1,843,252	100	
	Don't Know	10	18,211		
	Total	569	1,861,464		

CMMEAT - How many servings of meat, chicken, fish, and eggs do you usually eat every day?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	0 servings	4	8,317	0.46	0.326
1	1 serving	267	834,108	46.1	3.478
2	2 servings	177	651,828	36.03	4.457
3	3 or more servings	60	187,358	10.36	2.181
4	Less than daily (e.g. once per week)	45	127,699	7.06	1.681
	Subtotal Valid Responses	553	1,809,312	100	
	Don't Know	15	39,010		
	Refused	1	13,140		
	Total	569	1,861,464		

CMEATMET - When you eat at the congregate meal site, do you usually eat the meat, chicken, fish, or eggs that are served?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	Yes	528	1,771,111	96.19	1.015
2	No	27	70,066	3.81	1.015
	Subtotal Valid Responses	555	1,841,177	100	
	Don't Know	13	16,072		
	Refused	1	4,213		
	Total	569	1,861,464		

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CMBEANS - How many servings of nuts, soy products, and beans such as baked beans, pintos, kidney beans, lima beans, soybeans, or black-eyed peas do you usually eat every day?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
0	0 servings	47	179,649	9.82	2.264
1	1 serving	203	636,714	34.81	3.899
2	2 servings	46	135,717	7.42	1.448
3	3 or more servings	9	37,685	2.06	1.063
4	Less than daily (e.g. once per week)	254	839,337	45.89	3.463
	Subtotal Valid Responses	559	1,829,103	100	
	Don't Know	10	32,360		
	Total	569	1,861,464		

CMEATBNS - When you eat at the congregate meal site, do you usually eat nuts, soy products, or beans if they are served?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	Yes	504	1,658,500	90.34	1.75
2	No	55	177,338	9.66	1.75
	Subtotal Valid Responses	559	1,835,839	100	
	Don't Know	10	25,624		
	Total	569	1,861,464		

CMPORTN - On the days you eat at the congregate meal site, what portion of all the foods you eat in a day does this meal represent?

Category	Description	Unweighted Count	Weighted Count	Weighted Percentage	Standard Error
1	1/3 or less	260	759,048	43	3.679
2	1/2 to 2/3	231	835,311	47.32	4.287
3	More than 2/3	46	150,008	8.5	3.208
91	Other	4	20,965	1.19	0.834
	Subtotal Valid Responses	541	1,765,334	100	
	Don't Know	25	78,334		
	Refused	3	17,794		
	Total	569	1,861,464		

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